

RESOURCES

American Counseling Association

<https://www.counseling.org/>

American Psychological Association

<https://www.apa.org/>

Collaborative Care

<https://www.collaboracare.com/>

EMDR

<https://www.emdria.org/>

Montana Board of Behavioral Health

<https://boards.bsd.dli.mt.gov/behavioral-health/>

Natural Lifemanship

<https://naturallifemanship.com/>

Neurosequential Model Network

<https://www.bdperry.com/about>

Pecan Creek Ranch

<https://www.pecancreekeap.com/>

<https://youtu.be/lfTMgZqMkG8>

Psychology Today

<https://www.psychologytoday.com/us>

<https://www.psychologytoday.com/us/therapists/mara-elizabeth-thornberg-austin-tx/744786>

Texas Behavioral Health Executive Counsel

<https://www.bhec.texas.gov/>